



Pleasant Hill Parks and Recreation

Coed Volleyball Rules and Regulations

1. Rosters MUST be turned in at the team's first game. All players must sign the team roster form. Players not listed on a team roster are considered ineligible players. All players must be at least 18 years old. The maximum number of players per team shall be 12. If you have 12 on the roster, you may add a name to the roster only if you are replacing a player. Once this player is removed, they are ineligible for the rest of the season.
2. Current high school rules will be used in all games, with the following league exceptions:
 - A. A coin toss will be conducted at the start of the match by the referee. The winner may choose to serve or side of court. Teams change sides after the first game. A coin toss is repeated for the third game.
 - B. Each match consists of three games (if time permits) and has a 45 minute time limit. All games will be played to 25 points. Rally scoring will be used on all games and you must win by two points. Forfeits will be scored 25-0.
 - C. Game time is forfeit time. Teams must have a minimum of 4 players to start a game. If one team does not have enough players 1) at game time, they will forfeit their first game of the match and 2) after 15 minutes, they will forfeit the match. If a team has 5 players (3 males/2 females or 2 males/3 females), after every full rotation, an automatic side-out will ensue and a point will be awarded to the other team.
 - D. Players must alternate male-female at the time of the serve. This means being in their relative positions as well. Attacking or blocking of a serve is illegal.
 - E. Teams are allowed 2 – 30 second time-outs each game. The team manager is the only player allowed to call a time-out.
 - F. A ball may hit the net on a serve as long as the ball continues to the other side.
 - G. A ball hitting the ceiling, guide wires, etc. may be played if ball comes back down on same side of court with the exception of serves and a third team hit.
3. The referee has the authority to make decisions on matters of question not specifically covered in the rules. Decisions made by the referee are final and are not subject to protest.
4. Alcoholic beverages of any kind are NOT ALLOWED on school grounds.
5. Managers are responsible for the conduct of their team knowing the rules and abiding by them.
6. The Pleasant Hill Parks and Recreation Department reserves the right to remove any player or spectator from competition for any unsportsmanlike behavior. A player ejected from a game must sit out the team's next game. A player being ejected twice during the season MUST meet with the Recreation Supervisor before being permitted to playing again.
7. All children and spectators must remain seated in the gym area while games are being played. Children are not allowed outside the gym area without supervision.
8. The City of Pleasant Hill is not responsible for accidents occurring in or around the facility before, during, or after play.
9. The Recreation Supervisor reserves the right to make changes in the rules in order to promote a positive recreational experience.

NOTE: *In case of inclement weather, cancellations will be posted on the rain-out number 1 hour prior to the first game of the day. Call (913) 791-2600 for cancellation information.*